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Patient Name	
Patient Phone	
Referred by	
Office Phone	
Referral Date	
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**REMARKS:** 

GREGORY G. OLSEN, DDS, FICOI

Diplomate of the American Board of Oral and Maxillofacial Surgery Diplomate of the National Dental Board of Anesthesiology Fellow of the International Congress of Oral Implantology

ALEXANDER R. POWELL, DDS

Diplomate of the American Board of Oral and Maxillofacial Surgery





## Patient instructions

In most cases it is necessary to see the patient for a consultation appointment prior to the day of surgery. The consultation appointment is reserved for you to discuss your health and the indicated surgery, as well as to set aside an appointment time for surgery. If for any reason, the consultation or surgical appointment cannot be kept, kindly notify us 24 hours in advance so that others may use the time reserved. Minors MUST be accompanied by a parent or guardian.

## **Preoperative Instructions**

**Please Read Carefully** 

## The Evening <u>Before</u> Surgery:

- 1. Eat a light dinner
- 2. Get a good night's sleep

## The Day of Surgery:

- 1. NO food or fluids for at least 8 hours before the appointment. If the appointment is in the morning, eat a light, easily digestible meal the night before (no dairy products); nothing after going to bed and nothing upon arising (except water and medications up to 2 hours beforehand). If the appointment is in the afternoon, you may eat a small, light, easily digestible meal early in the morning, and nothing after that.
- **2.** A relative or friend MUST accompany you to the office, and accompany you home.
  - 3. Wear short sleeve clothing.
- **4.** Minors MUST be accompanied by a parent or guardian.
- **5.** Please remove contact lenses prior to surgery.

**NOTE:** Please notify this office of any changes in health e.g. stomach upset, cough, cold, sore throat, etc.

